

PACKING LIST ARMENIA:

YOUR CHECKLIST TO TICK OFF

DOCUMENTS

- COVID-certificate
- Valid passport (check the validity and renew if necessary)
- Copy of passport (save digitally or keep separately from original)
- Visa (not necessary with German oder European passport)
- Insurance certificate for health insurance abroad (online)
- Vaccination card (check if you need to refresh vaccinations)
- Flight ticket (printed or e-ticket)
- Travel credit card
- Cash
- List of emergency contacts and allergies, if any
- Optional:** Driver's license
- _____
- _____

TOILET BAG

- Toothbrush
- Toothpaste
- Dental floss
- Deodorant
- Brush
- Sunscreen
- Razor
- Showergel/Soap
- Shampoo/Conditioner (available in Hotel alternatively)
- Nailcare
- (Microfiber)Towel (for when it rains during the day)
- Facelotion
- Tweezers
- Lip protection
- Hygiene products
- Optional:** Make-Up
- _____
- _____

ELECTRONICS

- Mobile phone with charger (no adapter needed, when traveling form the EU)
- Headphones
- Powerbank or solar charger
- Flashlight
- Optional:** Camera with charger
- Optional:** Rain cover for your camera
- Optional:** Laptop/Tablet/E-Reader/Kindle with charger
- Optional:** Power strip
- Optional:** Rain case for your smartphone
- _____

TRAVEL PHARMACY

- Hand sanitizer or wipes
- Painkillers (e.g. Ibuprofen, Aspirin)
- Diarrhea medication (e.g. Imodium Akut, charcoal tablets)
- Wound creme (e.g. Bepanthen)
- Plaster
- If necessary, tablets against travel sickness
- _____

PERSONAL COMFORT

- Backpack (pay attention to hand luggage dimensions: 55x40x20cm for the plane)
- Sunglasses
- Earplugs/Ohropax
- Books/magazines
- Cap/headgear
- Sleeping mask
- Travel pillow (for flight and longer trips)
- _____

CLOTHES & SHOES (SPRING MARCH-MAY)

- Underwear
- Socks
- Pyjamas/Sleepwear
- Swimwear & towel
- T-shirts (should cover the shoulders)
- Hoodie (for the mountains)
- Jeans oder long, light trousers
- Shorts
- Thin rain jacket
- Hiking shoes
- Sneakers
- Sandals/Flip Flops
- _____

CLOTHES & SHOES (SUMMER JUN-AUG)

- Underwear
- Socks
- Pyjamas/Sleepwear
- Swimwear & towel
- T-shirts (should cover the shoulders)
- Hoodie (for the mountains)
- Jeans oder long, light trousers
- Multiple pairs of shorts
- Thin rain jacket
- Hiking shoes
- Sneakers
- Sandals/Flip Flops
- _____

ENVIRONMENTALLY CONSCIOUS TRAVEL

- Reusable silicone tubes filled with your shampoo, conditioner, shower gel
- Reusable bottle (preferably stainless steel for hot and cold)
- Optional:** Reusable cup (preferably stainless steel for hot and cold)
- Optional:** Stainless steel outdoor cutlery (knife, spoon, fork, chopsticks, straw)
- _____



CLOTHES & SHOES (AUTUMN SEP-NOV)

- Underwear
- Thermals (for longer hikes)
- Warm socks
- Swimwear (for the sauna)
- T-Shirts
- Warm pullovers (for the mountains)
- Hoodie
- Jeans or long trousers
- Warm jacket/coat
- Raincoat
- Waterproof hiking shoes
- Sneakers/boots
- Sandals/Flip Flops (for the sauna)
- Scarf, gloves & beanie
- Umbrella
- _____

CLOTHES & SHOES (WINTER DEC-FEB)

- Underwear
- Thermals (for longer hikes)
- Warm socks
- Pyjamas/Sleepwear
- Swimwear (for the sauna)
- T-Shirts
- Warm pullovers (for the mountains)
- Hoodie
- Jeans or long trousers
- Warm jacket/coat
- Raincoat
- Waterproof hiking shoes
- Sneakers/boots
- Sandals/Flip Flops (for the sauna)
- Scarf, gloves & beanie
- Umbrella
- _____