

# PACKING LIST ICELAND:

## YOUR CHECKLIST TO TICK OFF

 **DOCUMENTS**

- COVID certificate
- Valid passport (check the validity and renew it if necessary)
- Copy of passport (save digitally or keep separately from original)
- Visa if necessary (not required with German or European passport)
- Insurance certificate for health insurance abroad (online)
- Vaccination card (check if you need to refresh vaccinations)
- Flight ticket (printout or e-ticket)
- Travel credit card
- Cash
- List of emergency contacts and allergies, if any
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 **TOILET BAG**

- Toothbrush
- Toothpaste
- Dental floss
- Deodorant
- Hairbrush
- Razor
- Shower gel/soap
- Shampoo/Conditioner
- Nail care
- Face lotion
- Lip protection
- Tweezers
- Toiletries
- Optional:** Make-up
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 **TRAVEL PHARMACY**

- Hand sanitizer or wipes
- Painkillers (e.g. Ibuprofen, Aspirin)
- Diarrhea medication (e.g. Imodium Akut, charcoal tablets)
- Wound cream (e.g. Bepanthen)
- Band-aids and blister plasters
- If necessary, tablets against travel sickness
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 **ELECTRONICS**

- Mobile phone with charger
- Headphones
- Powerbank or solar charger
- Flashlight/Headlamp
- Binoculars
- Optional:** Camera with charger
- Optional:** Rain cover for your camera
- Optional:** Laptop/tablet/e-reader/kindle with charger
- Optional:** Multiple power socket
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 **PERSONAL COMFORT**

- Backpack ( pay attention to hand luggage dimensions: 55x40x20cm for the plane)
- Sunscreen
- Sunglasses
- Earplugs/Ohropax
- Books/Magazines
- Headwear/Cap
- Sleeping mask
- Microfiber towel
- Travel pillow (for flight and longer trips)
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 **ENVIRONMENTALLY CONSCIOUS TRAVEL**

- Reusable silicone tubes filled with your shampoo, conditioner, shower gel
- Reusable bottle (preferably stainless steel for hot and cold)
- Optional:** Reusable cup (preferably stainless steel for hot and cold)
- Optional:** Stainless steel outdoor cutlery (knife, spoon, fork, chopsticks, straw)
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 **CLOTHES & SHOES SUMMER**

- Underwear
- Thermal underwear
- Thin socks
- Hiking socks/wool socks
- Pyjamas/sleepwear
- Swimwear and towel
- Tshirts
- Thin and thick sweaters
- Jeans/long pants
- Shorts
- Hiking pants
- Wind- and rainproof jacket
- Rainproof (overcoat) pants
- Fleece jacket
- Hat
- Scarf/multi-functional scarf
- Thin gloves
- Waterproof (hiking) shoes
- Sneaker
- FlipFlops
- Very important:** sleeping mask and sunglasses
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 **CLOTHES & SHOES WINTER**

- Underwear
- Thermal underwear
- Thin socks
- Wool socks/hiking socks
- Pyjamas/Sleepwear
- Swimwear and towel
- Tshirts
- Thin and thick sweaters
- Jeans/long pants
- Hiking pants
- Warm wind- and rainproof jacket
- Rainproof (overcoat) pants
- Fleece jacket
- Hat
- Scarf/multi-functional scarf
- Thick gloves
- Warm waterproof (hiking) shoes
- Sneaker
- FlipFlops
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