

# PACKING LIST MONTENEGRO:

## YOUR CHECKLIST TO TICK OFF

DOCUMENTS	ELECTRONICS
<ul><li>COVID certificate</li><li>Valid passport (check the validity and renew it if necessary)</li></ul>	<ul><li>Mobile phone with charger (from EU no adapter necessary)</li><li>Headphones</li></ul>
<ul> <li>Copy of passport (save digitally or keep separately from original)</li> </ul>	<ul><li>Powerbank or solar charger</li><li>Flashlight</li></ul>
□ Visa, if necessary (not required with German or European passport)	<ul><li>Optional: Camera with charger</li><li>Optional: Laptop/tablet/E-Reader/kindle with</li></ul>
☐ Insurance certificate for health insurance abroad (online)	) charger
<ul><li>□ Vaccination card (check if you need to refresh vaccinations)</li></ul>	<ul><li>Optional: Multiple power socket</li><li>Optional: Rain cover for your smartphone</li></ul>
☐ Flight ticket ( Printout or e-ticket)	
☐ Travel credit card	
□ Cash	
List of emergency contacts and allergies, if any	TRAVEL PHARMACY
Optional: National driver's license (in case you still want	☐ Hand disinfectant or wipes
to rent a car/scooter)	☐ Painkillers (e.g. ibuprofen, aspirin)
	☐ Diarrhea medication (e.g. Imodium Akut, charcoal
	tablets)
	☐ Wound cream (e.g. Bepanthen)
TOILET BAG	☐ Plaster & blister plaster
	☐ If necessary, tablets against travel sickness ☐ Massuite rapellant (a.g. Nahite, Auton, with ingredient
□ Toothbrush	<ul> <li>Mosquito repellent (e.g. Nobite, Autan, with ingredient DEET or similar)</li> </ul>
☐ Toothpaste	
□ Dental floss	
□ Deodorant	
Hairbrush	
Sunscreen Razor	
□ Razor □ Shower gel/soap	☐ Backpack ( pay attention to hand luggage
☐ Shampoo/Conditioner	dimensions: 55x40x20cm for the plane)
□ Nail care	□ Sunscreen
□ Face lotion	□ Sunglasses
☐ Lip protection	☐ Earplugs/Ohropax
☐ Tweezers	□ Books/Magazines
□ Toiletries	□ Cappie/Headgear
□ Optional: Make-Up	□ Sleeping mask
	☐ Travel pillow (for flight and longer trips)





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### **CLOTHES & SHOES** (SPRING MAR-MAY) □ Underwear □ Socks □ Pyjamas/Sleepwear ☐ Swimwear & towel ☐ T-shirts (should cover shoulders) ☐ Hoodies

☐ Jeans or long pants

☐ Shorts

## ☐ Thin jacket ☐ Thin rain jacket ☐ Hiking boots for mountain tours and national parks ☐ Sneakers ☐ Sandals/flip flops

### **CLOTHES & SHOES** (SUMMER JUN-AUG) □ Underwear □ Socks

Pyjamas/Sleepwear
Swimwear & towel
T-shirts
Sweaters (for the mountains)
Several shorts

- ☐ Jeans or long, light pants ☐ Thin rain jacket ☐ Hiking boots for mountain tours and national parks
- ☐ Sneakers ☐ Sandals/flip flops ☐ Headgear (e.g.: cap, sun hat)

**ENVIRONMENTALLY** 

**CONSCIOUS TRAVEL** 

Ш	Reusable silicone tubes filled with your shampoo,
	conditioner, shower gel
	Reusable bottle (preferably stainless steel for hot and
	cold)
	Optional: Reusable cup (preferably stainless steel for
	hot and cold)

☐ Optional: Stainless steel outdoor cutlery (knife, spoon, fork, chopsticks, straw)



# **CLOTHES & SHOES**

□ Underwear

□ V	Varm socks
	yjamas/Sleepwear
□ S <sup>1</sup>	wimwear (for September)
□ T-	-shirts
	Varm sweaters (for the mountains)
□Н	loodies
□ Je	eans or long pants
□R	ain jacket
	hicker jacket/coat
□ S	carf and possibly thin gloves & hat (for
m	nountains)
$\square$ $\vee$	Vaterproof hiking boots

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### **CLOTHES & SHOES** (WINTER DEC-FEB)

☐ Umbrella, especially for the inland

☐ Sneakers/boots □ Sandals/Flip Flops

□ Underwear
☐ Thermal underwear/ski underwear (for longer
hikes)
☐ Warm socks
□ Pyjamas/Sleepwear

- ☐ T-shirts □ Warmer sweaters ☐ Hoodies ☐ Jeans or long pants ☐ Rain jacket
  - ☐ Thick jacket/coat ☐ Scarf, gloves & hat ☐ Waterproof hiking boots ☐ Sneakers/winter boots
- □ Umbrella ☐ Ski suit (for the ski area)



